

Clinic Services

Westchester Arc



westchester**Arc**
envision possibilities, explore choices

Westchester ARC

provides clinical habilitative services to individuals with mental retardation and other developmental disabilities. It is staffed by a team of full- and part-time clinical specialists trained to provide maximum reduction of effects of physical or mental impairment associated mental retardation and other developmental disabilities.

Clinic Services

includes Psychiatry, Psychotherapy, Psychological and Psychosocial Evaluations, Nutrition, Rehabilitation Counseling, Occupational Therapy, Physical Therapy and Speech Services.

All services are provided or supervised by licensed/certified professionals.

www.westchesterarc.org

Clinic Services

Psychiatry Services

- psychiatric assessment
- capacity for informed consent
- medication management and consultation

Psychology Services

- evaluations
- individual and group counseling
- psychotherapy
- behavioral intervention and work with families

Psychotherapy

- evaluation and screening
- individual, couples, family and group counseling
- crisis intervention

Psychological Services

- cognitive, adaptive and educational evaluations
- guardianship evaluation

Psychosocial Evaluation

- comprehensive social history assessment

Speech Therapy

- assessment, screening and interventions related to receptive/expressive language

Occupational Therapy

- assessment, including feeding and adaptive equipment
- intervention to promote the highest level of adaptive function

Physical Therapy

- interview, examination and assessment
- interventions to enhance and/or maintain function, alignment and coordination

Rehabilitation Counseling

- evaluation of work environment
- pre-placement job screening
- assessment
- individual and group counseling for work readiness

Nutrition

- assessment, screening
- individual, along with group counseling



Eligibility for Admission

You are eligible to receive services from Westchester Arc's clinic if:

- You reside in Westchester County and have a diagnosis of mental retardation or other developmental disability.
- You have a family member with mental retardation or developmental disabilities, provided your treatment enhances the care of the individual.

Location and Hours

Westchester Arc's Clinic
is located at:

The Herbert Katzenberg Center
121 Westmoreland Avenue
White Plains, NY 10606

(914) 949--9300, ext. 3400

Services may be delivered off-site and/or
in the home upon request and with
documented need.

Hours: Monday-Friday
9 a.m. to 5:00 p.m.

*evening and weekend
appointments may be arranged*

The Clinic accepts Medicare, Medicaid,
private insurance and direct payment.

Visitor parking available in the main parking lot.

More Information . . .

If you would like additional information,
or to make a referral to the clinic,
please call: Department of Clinic Services,
914-949-9300, ext. 3400
during clinic hours or
e-mail: tguzman@westchesterarc.org



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